



Innovative Approach to the Development of Students on The Basis of the Spiritual Kompetensiya a Volleyball Game

Nosirova Dilnoza Sobirovna

Teacher of Denov Institute of Entrepreneurship Pedagogy

ABSTRACT

In this article, the essence of the development of spiritual competencies of students on the basis of an innovative approach volleyball game is comprehensively covered.

Keywords:

technique, tactics, game skills, game discipline, competent, traditional, traditional competent, meer, duty, responsibility, method, tool

Future professional activity of students in the higher education world process mechanisms and the combination of spirituality and culture deontologik ijtimoiylashtirish at great personal and professional attention is given to the improvement of technology. Also, students in social-emotional and moral qualifications to find the content models to explain the spiritual development of students by means of information and communication technologies to the development of the interactive system of diagnosis competence are of critical importance. Usa, france, great britain, and japan to the person in developed countries such as the development of future specialists in modern it should be stressed that was a set of specific qualities. With this connection, the organization of the educational process of the country to create a system of spiritual and holistic, spiritual and practical for the protection of young people from the threat of organizational and scientific-tadqiqiy aspects of improvement in this direction, the state organizations, civil society organizations, the private sector, the media and of social

cooperation pays great attention to put an effective set.

Their essence volleyball, with content and features games from other sports is different. The various skills of modern volleyball game extremely rich in a combination of tactical and reaches extremely large and severe at a speed passes. Consequently, the above-mentioned peculiarities of volleyball players to improve the excellent technical skill. Competition occurs in relation to external influences how wide and perfect technical skill in the game, so a lot of won to win.

The volleyball game is from the set of action methods that are necessary to carry out the technique. The technique of action in different situations in accordance with the purpose, is charged with making effective action. The performance of the methods with each other in the game from every technical system scan an integral link was established. Movement technique to solve the task with a specific method of action of the movement and dynamic features are necessary and sufficient for kinematic (some parts of the palace of the particular power of the

compatibility between the consistent and the like).

The main part of the technique – a certain part of the main mechanisms of action is most important and decisive. The main part of the technique in greater spending power distribution is characterized by the relatively short range of time to complete.

Details of the technique – does not spoil the main mechanism of action where a second-level feature. Technical details the various different athletes, and this made them reflect the real opportunities will depend on morphological and functional.

In the fulfillment of technical actions in terms of the time of the action of a certain phase difference. Usually, **action three phase**: preparation and closing, you can put the outline of the main phase.

The importance of the preparation phase is to create favorable conditions for implementation of the main phase of the movement. These conditions come running to jump, a rotary movement (barrier when you put the balls into the game when they enter at the kick attack) complete with will create. Immediate action in the main phase the main action is directed to the solution of the task. The most important thing in this phase is appropriate in the context of the situation biodynamic driving force in the appropriate direction effective to use.

Gavin in action in the closing phase of braking sharply is faded or go away in order to maintain balance. Volleyball is a very dynamic game since various technical methods voleybolchi reason be the master of the game have selected them out of the situation quickly and accurately should perform. This defines the technical skill of the players.

High technical skill is characterized by the following symptoms:

clear and effective implementation of the action method; allowing the factors that prevent (fatigue, the negative effects of external conditions) available at action performance stability; the selection of the response action depending on the action of the opponent, trying to rebuild and manage them to get the parts; reliability of the performance of the method.

Volleyball in different periods of the development of technical actions complete methods, requirements, form, content will go to change and improvement. To change the method of the change of the rules of the game-technical, tactical action improvement, the level of physical preparation of the players is growing is the main reason. The dynamics of the game in attack and defense growth, have increased the action potential, the expansion will also attack and defense combinations of arsenal technical methods to update or rebuild is motivation.

If so, the technical method used at the game that there will not be more effective options. His technical and physical athletes qualified new functional options of the game, the prospects for the introduction of advanced methods and its implementation creates.

The classification technique of the game – form them, the content of what method is used for the case of motion, connected to each other, depending on the composition and dynamic of the action is to distinguish and to certain groups of kinematik.

“Spirituality” description on the concept of interpretation diverse network if there is no “Spirituality: basic concepts” in glossary: “Spiritual (arab. meaning, meaning complex) – side by side with material constantly walks of life, and man, nation and the life of society is an integral part of the social phenomenon” umumlashgan the definition given in the form of 2. That particular it should be noted that available in the literature related to the area of scientific and scientific-pedagogical “moral competence” term note we don't teach. However, the research associated with the subject of “spiritual competence” and also clarification of the essence of the concept has come to the conclusion that I needed. The solution to the problem assuming that the answer can be detected through the analysis of kompetensiya argued that the base was private. Competence base of the peculiarities of the analysis showed that on the basis of the spiritual aspect of competence associated with stand. Neutral competence spiritual any profession, in other words, it's the kind of great genius or fraud may constitute a form of competence. A special feature of this context

should be interpreted as those in the spiritual kompetentlik kompetentlik total.

Spiritual approach to the system in order to determine the location of competence competence his analysis of the scientific literature gave me the opportunity to highlight the following specific aspects: 1 new Uzbekistan: a strong economy and a strong spirituality. / "Uzbekistan's new" newspaper. №24 (280) year 2021 February 3, Spirituality 2: basic concepts annotated glossary. - T.: named Gafur Ghulam publishing-creative printing house, 2010. - 333 p. on the one hand, the spiritual social competence subcompetence can be expressed. On the basis of these ethical norms related to the knowledge, skills and ethical choice based on the person who could get valuable orientation lies in the ability to implement them to understand the realities of social norms and shows that development is not possible without modern; on the other hand, in the context of humanitarian than the universe get spiritual and moral values, and interact with the world to enter into a harmonious relationship, values and norms of different systems to realize their partnership in the development of the internal unity of man the spiritual realm and the like to perform the specific character able subcompetence can be interpreted as on.

The idea came out from above I can say that if you have spiritual content competence integrative description as a cultural phenomenon, which is important in the development of universal values and ethical norms in modern conditions reflects a certain level of motivation. Integrative spiritual spiritual person competence feature, the possibility to determine its place in the system of spiritual values and spiritual maturity that combines the ability to show a wide range of situations in life. The main functions of this competence include the following: axiological, referral and management.

The purpose of spiritual development of structures in accordance with kompetentlik includes the following components: induction-analytical, directed qadriyatli is not allowed.-on activities. This also reflects the social components of spiritual kompetentlik

description: analysis and evaluation of the information content values from the perspective of spiritual development, personal and spiritual values in accordance with the creative aspects, the other ones a form easy to understand expressed in a variety of moral values the option to be worked out on the basis of evidence-based account of the ethical life and move on siya refleks is necessary for us to perform a wide range of situations. In turn, these components serve as indicators in the assessment of the development of students kompetentlik spiritual assignment. In the process of professional formation of the person is directed to the field of higher education or unauthorized been demonstrated the effectiveness of his approach clear tekstual o'quvtarbiyaviy the "expansion" allows.

The essence of the holistic context in which the term appears, particular aspects of the reality we all understand. Teach students this term: provides the description of a phenomenon and the integrity of its known and unknown side. "Context" the educational process in higher education institutions, one-sided understanding aside to look out at it in a different context of our particular spiritual holistic research to analyse the development of students competence gave it a chance. Modern educational process of higher education as the recipient of the subjects of education education the solution of problems associated with specific diseases. This, first of all, those students in the form of personal and professional self is something that is incomparable importance, and secondly, in the process of studying in higher education is not only physical, legal, psixik, but fully to spiritual progress is not completed.

Two great volleyball technique are: attack and protection technical calamities will be. In turn, even the above methods is divided into several groups according to the technical form and content. In each group there will be the performance of the specific methods of the technical effort.

In general, a scientific analysis of the material presented in this article allows us to come to the following conclusions: 1. Spiritual approach in the scientific literature in order to

determine the location of the system kcompetence is competent pedagogical analysis of social and moral values to achieve a harmonious relationship between the world of realities, values and norms of different systems to realize their partnership in the development of the internal unity of man the spiritual realm and the like to perform the specific character able qadriyatli-on to outlook gave me the opportunity to interpret as subkompetentlik. 2. Integrativ spiritual spiritual person kompetentlik bilimdonlik feature, the possibility to determine its place in the system of spiritual values and spiritual maturity that combines the ability to show a wide range of situations in life. The main functions of this competence include the following: axiological, and managing referral. 3. Students competence spiritual development of sustainable, independent institution of higher education as a holistic phenomenon and the phenomenon educational, pedagogical-psychological science shows that partially reflected in the process of learning. This is of interest is not available to him, so studying it within uncertainty to the complexity of the witness. 4. The purpose of spiritual development of structures in accordance with kompetentlik front cover to include the following components: induction-analytical, qadriyatliy'o'naltiruvchi is not allowed.-on activities. The coverage given in this article subjects within the field of spiritual development of the person, as a description of persons and individuallik young students on the one hand, its fullness and the student of spiritual science pedagogikpsixologik the place and role of self-manifestation, which is reflected in the period shows that the ethical choice is active.

In case you have to rely on the conclusions above, the following scientific-methodical recommendations were developed: 1. Credit-module system is based on the spiritual development of the curriculum to serve as a basis for the course catalog module, you should add on to the modern elective competence. 2. competence of students in the development of competition and to take account of the principle of continuity of spiritual, educational science

enrich them with content pedagogical psychological spiritual moral description of the materials needed. 2. Without the specific institutions of higher education came from a "moral code" to develop and to practice in accordance with the purpose to pay special attention to the systemic introduction 2. Spiritual approach to the development of a complex competence students to focus on the cooperation with the institute of higher education institutions it is necessary to strengthen the family and the neighborhood.

Literature List:

1. Ayrapetyans r. l., a. a. Pulatov theory and methods of volleyball. In physical educationstitu textbook for pedagogical knowledge and higher institutions. 2011. - 279 b.
2. Ayrapetyans R. L., M. A. Sportivn Found Godle igratl. // Monographs. T.: Ibn Sino, 1991. - 160 s.
3. Айрапетянс Л.Р. Волейбол. // Учебник для высших учебных заведений. Т.: Зар қалам. 2006. - 240 с.
4. Ayrapetyans L.R., A Pulatov.A. Isroilov Sh.X. Volleyball. // The general course study guide for students of higher education institutions.T.: 2009. - 77 b.
5. Беляев А.В. Обучение технике игры в волейбол и её совершенствование. //Методическое пособие. М.: Олимпия. Человек, 2008. - 54 с.
6. Бержо. Волейбол высшего уровня. // Автор перевода с французского языка Ю.Б.Чесноков. М.: Олимпия. Человек, 2007. - 31 с.
7. Волков Л.П. Теория и методика детского и юношеского спорта. Киев: Олимпийская литература, 2002. - 294 с.
8. Гарипов А.Т., Клещев Ю.Ю., Фомин Е.В. Скоростно-силовая подготовка юных волейболисток. // Методические рекомендации. М.: ВФВ, 2009. - 45с.
9. Годик М.А.Физическая подготовка футболистов. М.: Терра-Спорт, 2006. - 272 с.
10. Элезняк Ю.Д., Айрапетянс Л.Р., Пименов М.П., Кунянский В.А.

Массовый волейбол (обучение, соревнования, судейство). Т.: Ибн Сино, 1994. – 144 с.

11. Железняк Ю.Д., Петров П.К. Основы научно-методической деятельности в физической культуре и спорте. // Учеб.пособие для студ. ВУЗов. М.: Академия, 2002. – 264 с.

12. E. G'oziev Psychology: (the psychology of the age period). – Tashkent: Teacher, 1994. – 244. b. Uzbekistan new: a strong economy and a strong spirituality. / "Uzbekistan's new" newspaper. №24 (280) year 2021 February 3,

13. Spirituality: basic concepts izohpi glossary.- T.: named G'afur G'ulom publishing-creative printing house, 2010. – 333 b.