



## Sport Tourism in the Republic of Uzbekistan and the Importance of National Sports and Their Prospects

**Mavlonova Zulfina Ashraf qizi**

Student of the Silk Road International University of Tourism and Cultural Heritage

### ABSTRACT

The importance of sports tourism and national sports in our country. This article discusses the efforts in the field of sport tourism, increasing the number of tourist bases as a result of increasing the number of mountain resorts, the development of the capacity of the National Olympic Committee, the Ministry of Tourism.

### Keywords:

sport, sport tourism, national sport, mountain resorts, wrestling, national kurash, International Olympic Committee, National Olympic Committee

Sport tourism and national sports are one of the most important areas in our country. Sport tourism and national sports are now advancing at a rapid pace. On July 31, 2021, the Cabinet of Ministers of the Republic of Uzbekistan adopted Resolution No. 477 "On measures to organize the activities of the Ministry of Tourism and Sports" on April 6, 2021. The adoption of Resolution No. 6199 "On measures to improve the system of public administration in the field of heritage" is a clear example of developing sport tourism. Of course, in the implementation of this decision, sport tourism has developed to some extent.

In addition, the President of the Republic of Uzbekistan adopted Resolution No. PF-52 of January 15, 2022 "On creating conditions for further development of tourism, culture, cultural heritage and sports." In this regard, it is planned to create a system of cooperation between several ministries and committees and develop them as a single unit. On March 5, 2018, President Shavkat Mirziyoyev adopted a decree "On measures to radically improve the system of public administration in the field of physical

culture and sports." In the implementation of this decree, the field of physical culture and sports began to develop. Most importantly, conditions are being created in our country for the development of sport and tourism.

Mountain resorts have been created in our country for the development of winter sports. These are: Chimgan, Yangiabad, Amirsoy, Bildirsoy. With the initiative of the President, attention is paid to increasing the number of mountain resorts, but this is still a problem. The lack of sports complexes in mountainous areas for sport tourism, in turn, indicates that the number of tourist bases in the mountains is relatively low. If we look at the example of Urgut district of Samarkand region, Urgut district has a lot of mountainous areas, shrines and historical sites. But since there are no mountain resorts in the mountainous areas, tourists are unaware of these places. This, in turn, is a sign that international and local tourists rarely visit various shrines and historical sites.

Thanks to sport tourism, the country's traditions, culture, national and religious

traditions are spreading. Most importantly, the country's tourism potential will increase. In our country, we can see the development of national sports such as kurash, belt wrestling, Uzbek martial arts, ulak (kupkari) and many others. As a proof of this, it is gratifying that in the address of the President to the Oliy Majlis on December 22, 2017, wrestling, a national sport, was highlighted. The appeal focuses on the further development of national Uzbek sports. Also, the resolution of the President of the Republic of Uzbekistan on October 2, 2017 on measures to further develop the national sport "Kurash". Resolution No. PQ-4881 on Resolution No. 5279 of November 5, 2021 "On measures to further improve the quality of formation of the reserve of athletes in Olympic and Paralympic sports through radical improvement of the system of sports education." The adoption and implementation of Resolution No. PQ-5211 of the State Program for the Development of Equestrian Sports, Modern Management and Polo until 2025 and other relevant regulations is very important for the development of our country. Comprehensive development of wrestling, which is a national sport, and the use of Uzbek words in the developed countries of the world, as well as the participation of young people in this sport is a sign of development.

It is no coincidence that the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan dated July 10, 2020 No 433 "On measures to further develop the tourism sector in the Republic of Uzbekistan." In the implementation of the decision, the tourism sector has been radically improved. The resolution of the President of the Republic of Uzbekistan "On measures to bring the involvement of young people in mass sports in the neighborhoods to a new level " was also published in the April 12, 2022 issue of the newspaper "Xalq So'zi" ("The word of Nation"). The implementation of the decision has led to the education of young people in the mahallas and streets of all regions, the Uzbek national sports games, and the development of sports in the neighborhoods, the promotion of national sports games.

In 2017, the sports industry also witnessed major changes. 2017 was a

particularly bright page in the history of the Uzbek national wrestling. At the meeting of the General Assembly of the Olympic Council of Asia in Turkmenistan in September, it was decided to include the national sport "Milliy Kurash" in the program of the Asian Games. At the 18th Asian Games in Indonesia in 2018, athletes from our continent also competed in Uzbek national wrestling. Now the words "halal", "girrom", "chala", "yonbosh" are heard on the world sports arenas and the Uzbek name is being introduced to the world. Wrestling is a sport in which two athletes compete one-on-one in accordance with the established rules. The art of wrestling has existed in many nations since ancient times. Mahmud Kashgari's "Devonu lug'otit turk", Alisher Navoi's "Hamsa", "Holoti Pahlavon Muhammad", Zayniddin Wasifi's "Badoye ul-vakoye", Hussein Voiz Kashifi's "Futuvvatnomai sultoni", Zahiriddin Muhammad Babur's "Boburnoma" have It is our happiness to live in the land of our great ancestors, great heroes. We need to continue the path of our ancestors, learn more, and be determined to reveal aspects that are not yet clear to the public. On February 13, 2019, the Cabinet of Ministers of the Republic of Uzbekistan adopted Resolution No. 118 "On approval of the Concept of development of physical culture and mass sports in the Republic of Uzbekistan for 2019-2023". Mass sports development is one of the greatest achievements of our President today. The adoption of such decrees under the leadership of President Shavkat Mirziyoyev once again demonstrates the importance of sport tourism and mass sports, national sports in the development of our country. Uzbek people also have a type of individual wrestling called belt wrestling. There are many archeological finds and historical manuscripts related to the belt wrestling.

Historically, the Kupkari has also developed and risen. We know that from history famous horsemen, wrestlers were aware of the secrets of the study of the horse. In our country, too, attention has been paid to this area, and on April 29, 2002, a separate federation of Kupkari was established in Uzbekistan. In addition, every year in our country are organized various

competitions of goats, and the weight of goats is becoming more popular every year.

The address of the President of the Republic of Uzbekistan to the Oliy Majlis and the people on December 29, 2020, 2021, stated that "in 2021, 100 billion soums will be allocated for the promotion of mass sports among the population." development measures about The resolution was also signed and the prestigious international competitions ahead of us were discussed. Today we have the results of such prestigious competitions as the XXXIII Summer Olympics and XVII Paralympic Games in Paris (France) in 2024, the IV Asian Youth Games in Tashkent in 2025. should also be taken into account.

In conclusion, we need to understand the importance of sports tourism and national sports in our country and its scientific and methodological views, as well as to continue the development of these areas. In addition, if tourism, sports tourism, the International Olympic Committee, the National Olympic Committee and other committees and ministries consider it their highest goal to unite and move forward as one body and one soul. the industry can reach the peak of its development phase. By increasing the number of different mountain resorts, the organization of tourist bases in mountainous areas, increasing the number of domestic and international tourists, raising the country's tourism potential to a high level in the world rankings - this remains one of the main directions of today's modern state. In addition, it is impossible to ignore the work being done in our country in the field of tourism, as well as in the field of sports. In the coming years, strengthening the efforts to increase the number of winners in national and prestigious international competitions, as well as in all sports, is at the forefront of the work plans of the representatives of this field. It is these two areas, tourism and sports, that play an important role in determining the place of each country in the world civilization.

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