



# Black Three in Personal Psychological Characteristics or Maciavelism, Psychopathy and Narsism

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## ABSTRACT

This article analyzes Machiavellianism, its history of origin, personality traits, and behavioral strategies. The Black Trinity is known for Machiavellianism, psychopathy, narcissism, and their brief descriptions.

## Keywords:

Machiavellianism, psychopathy and narcissism, "Black Trinity", gazalting, sotsipats, manipulation, devaluation, aggressive jokes.

Machiavellianism is the tendency of a person to engage in manipulative behaviors in psychology, which is seen as a set of personality traits and behavioral strategies. Machiavellianism is primarily a term in political science, referring to the pursuit of violence, a state policy based on disregard for ethical norms [1]. The term was developed on behalf of the Italian thinker Niccolo Machiavelli and is associated with the ideas expressed in his book *Sovereign*. But manipulation also has a figurative meaning in everyday use, which corresponds to the concepts of lies and betrayal (if the subject and purpose of the influence are outside the scope of public policy) [1]. Later, this stereotype of behavior has been studied as a phenomenon in psychology, and the term has been used as a general sign of relevant personal characteristics that have nothing to do with politics. Today, Machiavellianism, along with psychopathy and narcissism, is referred to as "bad behavior" and is referred to as the "black trinity". Under the name of the "black trinity"

hides a group of psychological features combined in one person. These are narcissism, psychopathy and Machiavellianism. This condition is likely to be a non-clinical disease. Nevertheless, the word "black" indicates that such a mixture has a negative impact on the people around it and will not go unnoticed, even if it poses no threat to life. In 2002, Canadian scientists Delroy Polhus and Kevin Williams introduced the term "black trinity" to science, arguing that psychological traits such as narcissism, psychopathy, and Machiavellianism are a trio of traits that reflect negative aspects of personality. Also, often three features can be present in one person. Today, scientific circles are debating whether these features are independent, whether they are a single negative aspect of human nature. Although the components of the trinity have many commonalities, each has its own role in the process. Their brief descriptions are as follows: Who are the Machiavellians? Machiavellians are manipulators who use

others for their own purposes. Machiavellianism is named after the Italian thinker, politician, author of various pamphlets on history and military theory that have come down to us, Niccolo Machiavelli. His manuscripts speak of traits that contradict strict and even ethical principles that apply in a sovereign emergency. Thus, due to the considerations of the 15th century aristocracy, the term was first used by political scientists, then by philosophers and psychologists. Machiavellianism as a psychological trait is characterized by rude and friendly treatment of others, conscious and often successful manipulation, as well as disregard for social morality. There are no ethical principles for a Machiavellian, especially when they hinder the achievement of personal goals. To better understand how these people behave in life, let's take a look at some of the phrase in the survey on the definition of Machiavellianism:

- I can use everything I learn about others one day against them.
- I use it to attract people who have a place in society to my side and influence people through them.
- Lying and flattery help me find my way.

Know that anyone who agrees with such statements and follows them can be dangerous to us. Who are narcissists? Narcissists are very selfish people who value themselves highly. They love to value themselves. Sigmund Freud was the first to introduce this term into psychology. He linked some traits of narcissists to genes. According to narcissists, they are:

- Any team without me is boring.
- I have a natural talent for influencing people.
- They think I need to be the center of attention.

However, for narcissists themselves, this is the norm, and we feel uncomfortable in front of such a person. Who are psychopaths? Psychopaths are antisocial individuals who are characterized by indifference or even cruelty to others, as well as extremely low levels of empathy and impulsivity. In psychiatry, psychopathy is the name of a group of diseases characterized by antisociality and aggression. But when we talk about the "black trinity," we need to consider character traits, not clinical illnesses. People with this trait are distinguished from others by their disobedience to the law and non-compliance with the social and moral

norms of society, their lack of selfishness, harm to others, and at the same time remorse or guilt. They differ from others because of their hypocrisy, propensity to lie, nervousness, aggression, and willingness to take risks. What phrases can you hear from such people?

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- I am often told that I cannot control myself.
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All three components of the black trinity have a complex structure, on which there is still no consensus - because the research was conducted on a "norm" for a relatively short period of time and in the context of studying various psychological problems. various aspects of narcissism, psychopathy, and Machiavellianism emerge as important. The black trinity is associated with social domination, conservatism, antisocial behavior, misconceptions, risk acceptance, and the use of manipulative tactics [Arvan, 2013; Bourdage et al., 2007; Crysel et al., 2013; Hodson et al., 2009; Jonason et al., 2010; Jonason et al., 2009; Lee et al., 2010; Lee et al., 2013; Leone et al., 2012; Weller, Tikir, 2011]. However, the characters that make up the black trinity are a relatively independent structure, as shown in many

studies. It is well known that black trio carriers are willing to lie if it helps to achieve a goal or profit [Baughman et al., 2014; Jonason, et al., 2014]. Studies have found that psychopathy and Machiavellianism tend to be more pronounced in all situations when compared to narcissism [Baughman et al., 2014]. Of course, if you notice that any of the features described above are present in any of the people around you, there is no need to rush to separate it. First of all, observe it carefully and at the same time consider yourself in your relationship with them. If you feel something is wrong, it's a good idea to discuss it with trusted people like your friends, family members, a therapist, or a psychologist. How to get acquainted with narcissists, psychopaths and Machiavellians. They usually use the following methods to achieve their goals: Gazalting is a manipulative method that destroys a sense of reality. A person who is exposed to gazalting loses self-confidence and sincerely shows himself to be prone to aggression. In this case, you need to describe yourself in any convenient way - describe from the beginning, write, tell your friends. Prophecy is a favorite practice of narcissists and socialists. Responsibility for their misconduct passes to others. In this case, you should not sympathize with the person who is manipulating you and do not reflect your moral beliefs. Change the topic, avoid conversation. Narcissists never discuss topics that can be prosecuted and lied to. They try their best to change the topic of conversation. For example, confuse the interlocutor with a strange reaction - laughing, interrupting, showing emotional jumps. Devaluation is the brightest manifestation of the Triad. Praising his colleague (boss, subordinate, new friend), the manipulator speaks aggressively about the person he is talking to before him. Aggressive jokes. If you don't want to be laughed at, that doesn't mean you don't have a sense of humor. This shortcoming in turn means that they want to offend and discriminate against you. Bad, ironic "jokes" are not interesting at all. You have the right to fight. The black trinity may exceed the norms of behavior. Any of its features may require formation, development, and ultimately psychological correction. However, it is not

currently considered a clinical disease. The black trinity combines three psychological characteristics of the individual - Machiavellianism, narcissism, and psychopathy, which have long been studied in psychology both in clinical practice and in the study of variability in the normal range. The definition of "dark" indicates that these features are harmful, negative for the surrounding properties. Canadian researchers Delroy Polhus and Kevin Williams proposed the idea of treating Machiavellianism by treating it as a single complex of non-clinical narcissism and psychopathy. In their view, the characteristics of the black trinity are similar in their manifestation (and therefore interrelated), but at the same time each of them leads to specific characteristics of antisocial behavior (hence the three relatively independent features). In recent years, the term "Dark Triad" has become very popular in foreign literature, and the SD3 questionnaire (2013) published by Paulhus and Williams has been used in many psychological and sociological studies. In 2018, Paulus created a new SD4 poll called the "Black Quartet" by adding a sadism scale to the trio. In general, the black trinity reflects the dark side of the human heart, and is symbolically represented by the name of this complex. On the other hand, these individual characteristics have their own peculiarities. In particular, they help their owners succeed, easily climbing the service ladder. It is easier for such people to manage organizational work, different groups or teams, and so on. Such people can be very effective in achieving their goals, are not afraid to take risks, can attract attention, and as a rule, easily introduce themselves (if they want to, of course). Such a black trinity is a problem for the relatives of the owner and at the same time a tragedy for the psychologist. According to many psychologists, a person with a black trinity has a psychological problem, which has led the person to an internal disharmony of personality and nearby conflicts. Although, in our experience of consulting a psychologist, the relatives of such a person have more psychological problems - they worry, look for a reason, get upset, get angry, look for new approaches to the person and new ways of

psychological help. The owner of the so-called "black trinity" of psychological traits, as a rule, is psychologically very resilient and sometimes even easy to live, he does not want to change anything in his life, even more so, but at the same time he is great in the emergence of negative emotions in loved ones. contributed. And with a negative feeling, he says, "What did I do ?! They had a very strange attitude ... "

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