

Eurasian
Research Bulletin

Important methods of improving listening skills and Easy ways to understand English topics

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ABSTRACT

In this article, it is stated about how to develop listening skill for foreign language learners besides this, students can understand a various topics if they want to speak fluently.

Keywords:

Avoid interrupting, pay attention, clarify and summarize, avoid distraction, be empathetic, effective listening activities.

Everyone can develop the art of listening well, we could stand to improve every area of your life – be that professional, academic, social or personal. In this article, we'll cover why listening skills are so important; why they're difficult to cultivate; how to improve them and how to listen mindfully. In fact, Communication is important to everyone – whether it's your friends, family, coworkers, or even the random strangers you interact with during your day. However, different people communicate differently, and it's important to understand these differences.

Why are listening skills important for English language learners?

In today's high-tech culture, communication is more crucial than ever, but people are spending less and less time truly listening to one another. Genuine listening is becoming rarer, even though it is crucial for developing relationships, addressing problems, ensuring understanding, settling disagreements, and increasing accuracy. When you listen well at work, you make fewer mistakes and waste less time. Good listening promotes the growth of resourceful,

self-sufficient employees who can also solve problems in their personal lives. The ability to listen enriches all aspects of one's life. Listening is a skill that many of us take for granted. People frequently hear what is being said, but hearing is not the same as listening. To listen, we must make a conscious effort to not just hear but also absorb, digest, and understand what others are saying. Of course, those with hearing loss or impairment may struggle with certain aspects of communication, so when we discuss listening skills, it's important to remember that it's a two-way process. Good communication skills mean considering the other person's situation and needs. Listening not only improves your capacity to understand and communicate but can also make other people's experience of conversing with you more pleasurable. As an All language model, I do not have the ability to improve my listening skills. However, here are some methods that a person can use to improve their listening skills:

1. Be present: To improve your listening skills, it's important that you be present in the conversation. Get rid of any distractions and stay focused on the person speaking.

2. Avoid interrupting: Allow the other person to finish speaking before you respond. Interrupting someone mid-conversation can make them feel disrespected and hinder the flow of communication.

3. Pay attention to non-verbal cues: Body language, tone of voice, and facial expressions can all provide insight into what the other person is saying. Pay attention to these cues to better understand the speaker's thoughts and feelings.

4. Clarify and summarize: To ensure that you have understood the other person, summarize what they have said and ask for clarification if needed.

5. Practice active listening: Active listening involves fully engaging in the conversation and focusing on the speaker's words. This includes making eye contact, nodding, and providing feedback to show that you are listening.

In summary, by being present, avoiding interruptions, paying attention to body language, summarizing, and practicing active listening, you can significantly improve your listening skills.

6. Avoid distractions: Stay away from distractions such as your phone or television when you are in a conversation. These distractions can take your attention away from the conversation, and you might miss out on important information.

7. Be empathetic: Try to put yourself in the speaker's shoes, and understand their point of view. Empathy can help you to communicate better and build stronger relationships.

8. Develop an open mind: Be open to different ideas, opinions, and perspectives. It can help you to broaden your knowledge and have a better understanding of the world around you.

9. Practice patience: Listen patiently, even if you disagree with the speaker. It will help you to understand their perspective better, and give you more opportunities to communicate your thoughts effectively.

10. Take a listening skills training course: If you feel that you struggle with listening skills, consider taking a training course. You can learn techniques and skills that will help you to become a better listener. By using these methods and taking steps to improve your

listening skills, you can become an effective listener and build stronger relationships with those around you. To perceive English speech by ear at first is not easy for everyone. This is probably because somebodies don't know the words and grammar yet, but most likely you're just not used to it. Believe me, the ability to understand English is a skill just like any other. And, like others, he will definitely come if you train him. Here's how to do it in the most enjoyable way.

1. Watch movies without translation and subtitles

Better with subtitles. Certainly without Russians - while you are distracted by someone else's (not the fact that it is good) translation, you will not have time to hear English, and you will miss the point. x, your hearing skills will develop much more slowly. Then make a rule of thumb for the 3:1 principle - for every three films with English subtitles, one should be without them. The fact is that subtitles are both a help and a crutch. If you train yourself to rely only on them, your listening skills will develop much more slowly.

What is better to watch? It is useful to revise the classics or your favorite friend. In a word, what you already know, so as not to be afraid to miss the plot. It can be a black-and-white Casablanca or your favorite Sleepless in Seattle - you already know how it all ends, and you will calmly listen to the actors' lines. It can be family from childhood series "Friends" or "Sex and the City" - who cares. But new films and series are also useful - here it is no longer the comfort of knowing the film, but intrigue and interest. Can't wait to see what's in the new episode of The Handmaid's Tale? Great - curiosity will overcome the language barrier. Looking forward to the next Star Wars prequel? Find where it goes in the original language and go!

Movies and series are good because they do not leave you alone with auditory perception - the video sequence helps a lot in understanding speech, and, most importantly, how to get interested in the plot. If you get into the habit of the 3:1 rule, then in a couple of months you will be able to watch almost all films without subtitles. After a couple more, you won't remember what language you watched them in:

Russian or English. And then you will stop watching anything with a translation.

2. Pay no attention to unfamiliar words

Our cautious brain is so arranged that we notice the danger better and faster than its absence. It's the same with language: as soon as we stumble over an unfamiliar word in a speech, we immediately begin to panic that we are missing something important (even if there were 50 acquaintances for one unfamiliar word). Don't be afraid of it. If you don't understand a word, keep listening to what you are listening to. Don't understand one more thing - continue again. Force yourself to listen to the end. And if even then you realize that you cannot catch the general meaning, return to riddle words. It's not that individual words are not important - they are very important, but that with each stop you get lost and lose the thread of the plot. A smooth process turns into an obstacle race and is exhausting, and this is definitely not conducive to listening development or pleasure. Do not worry, over time you will somehow learn all the words, they will not go anywhere from you.

2. Get used to the slang

Whether you like it or not, slang is everywhere in colloquial speech. This does not mean that you need to dive into the world of rappers or prison English vocabulary. But you need to know the simple commonly used abbreviations. Then all kinds of wanna, gonna, gotsha and all that sort of thing will not scare you. And the usual phrase "I kinda wanna say I'm sorry" will not sound like Chinese to you, and you will understand that someone is embarrassingly trying to apologize. The English language loves and readily accepts simplifications - what was considered slang yesterday is becoming the norm of speech today. And if you don't want to wonder why three simple words that you know are so strange together and what they mean, get used to these expressions. Get over it - "It must be experienced", and not "Take over it." Cut him some slack - "Don't judge him harshly," not "Cut him some slack." Lighten up - "Relax", not "Become lighter" (although close). Are you for real? "Are you serious?" Not "Are you real?" It sucks - "It sucks", not "It sucks" (terrible, yes). I'm gonna head out - "I have to go," not "I'm going to head out." Where can you learn all this?

Definitely not in textbooks, but all in the same films and TV shows, especially new ones. And, of course, in communication with native speakers.

3. Do not translate English into Russian

As paradoxical as it may sound, avoid translation. At first, of course, there is simply no other way. But when you hear a phrase in the stream, get used to immediately capturing its meaning as a whole, and not translating it word by word. It's faster and more correct.

The beauty of the English language (and its difference from the no less great Russian) is that it is very capacious. A few short words - and a beautiful phrase is ready. Try to translate the phrase "As good as it gets" into Russian. Certainly not "As good as it gets." Or "I'll follow up on this": it will probably become clear from the context that the person will follow something further. The meaning is clear - and good. Hear these expressions five more times and you yourself will begin to use them. And even if you are asked to translate them accurately, you will think, but this will not prevent you from understanding their meaning and using them where appropriate.

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