



Postoperative cognitive dysfunction in patients with hypertension

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ABSTRACT

Purpose of the study is to limit manifestation and the prevalence of cognitive disorders in patients with hypertension after surgical interventions performed under conditions of general multicomponent anesthesia

Keywords:

Hypertension, cognitive disorders

Relevance. The most typical manifestations of brain pathology in vascular pathology are cognitive disorders - impaired memory, learning ability, lack of one's own opinion, impaired emotional control and social behavior. Potential risk factors for POCD are also genetic predisposition, and the patient already has cognitive impairment, which occurs in patients with hypertension [2,4,8]. At the same time, to date, there are practically no data on the incidence of cognitive deficit (CD) after surgery in patients with hypertension with various types of anesthesia.

Purpose of the study: o limit _ manifestation and the prevalence of cognitive disorders in patients with hypertension after surgical interventions performed under conditions of general multicomponent anesthesia .[18,19,20]

Material and methods: the study was conducted in the surgical departments on the basis of the Romitan Central District Hospital in the period 2020-2021. Surgery was performed

under conditions of general multicomponent anesthesia with artificial lung ventilation.

Testing of cognitive functions was carried out in the observed 54 (31 women, 23 men) patients aged 20 to 59 years . Of these, 20 patients had no history of hypertension (Group 1) and 34 patients with a history of hypertension (Group 2). To achieve this goal, we conducted a study of cognitive function in patients of both groups with various surgical pathologies before surgery and on days 3 and 5 after surgery.

Results and discussion : when assessing cognitive functions in the postoperative period, POCD in patients was verified by worsening the results of the test of "10 words" by at least 20% compared with the initial data. In patients of group 1 at testing before surgery KD was not identified .[6,7,10,11,12 In the second group, KD before surgery was detected in 30 patients (88.2%). At the same time, a decrease in the volume of short-term memory was noted by 20-30%. The clinical picture of early POCD in the patients we observed after surgery was characterized by a more pronounced decrease

in the stability of attention, pace and volume of short-term memory compared with patients without a history of hypertension. If the deterioration of the results of the "10 words" test in patients of the 2nd group before surgery was 20-30%, and after surgery 60-70% respectively.[12,14,16,18,]

Thus, general anesthesia and hypertension as mutually aggravating factors have a significant negative impact on the state of cognitive functions.[2,10,19,22]

Conclusion. The obtained data on the prevalence of POCD in patients with hypertension under general anesthesia will allow on a scientific basis to determine the nature and volume of the required multidisciplinary care for patients in the peri and postoperative period.

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