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## The Role of Using Body Language in Teaching English Language to Students

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### ABSTRACT

In this article it is spoken about the importance and the usage of body language in teaching English in intensive English courses to the foreign students. Some advantages of a communicative methodology of language teaching are considered.

### Keywords:

English, communication methodology, non-verbal communication, student, teacher, active form of training, team member, team, use, body language, English teaching, gestures, non-verbal communication

When we talk about body language, we understand a certain action, expression and posture, which has its own meaning. In teaching students, body language is an integral part of teaching. This is a very useful tool for teachers to convey information quickly, accurately and understandably to their students. By observing the expressions of students in their eyes, on their faces and noting their actions, teachers receive feedback information, thereby effectively correcting and organizing instruction in the classroom. Today, non-verbal communication is gaining popularity among educators. Thanks to the constant development of teaching and language teaching methods, teachers have great opportunities in organizing classes in the English language and creating the conditions for learning English. However, with a large number of students, teachers should

simplify their language of instruction with the help of facial expressions and body movements, as everyone's knowledge levels can be different.

Body language is a unique means of communication between people. This language includes gestures and facial expressions. As many people know, language is the most important element in communication, but nonverbal communication cannot be neglected. American psychologist Albert claimed that people get 55% of information from expressions.

In many situations, non-verbal communication plays a more important role in pedagogical activity than verbal communication. The main task of a teacher in teaching students is to arouse students' interest in learning English. Body language helps with the study of English that causes interest,

improves the quality of education, and reduces the distance between the student and teacher, helping to understand the essence of the subject.

Today, body language is an essential tool for teaching students English. Frequent use of body language during learning helps students develop an interest in the learning process and keeps them curious. Some teacher teams can be transmitted using body language, signaling students' actions. Moreover, this method only enhances the effectiveness of student learning.

According to scientists, body language helps to study students' intelligence, develops the potential of their right brain. It is also worth noting the alternative function of body language, the feedback function and accessible communication. In the process of teaching, the teacher's body language includes gestures, appearance, body language, distance, physical condition and eyes. Different age groups require a different approach to body language.

Let me examine the use of eyes in body language when teaching students. The eyes are the most important part on the face of a person. This is a mirror of the human soul and they reflect many emotions that are transmitted by non-verbal signals. Maintaining eye contact with students while teaching English plays an important role. An experienced teacher should know about the secrets of using eye contact in learning. Communication teacher and student most often occurs face to face. That is why you need to pay attention to one fundamental element of eye contact: it is focus.

The focus is to remind students to listen carefully, making eye contact with them during the lesson. This makes it clear to students that you are observing what is happening and controlling the lesson.

In addition, the focus is to look into the student's eyes for a long time. It is important to maintain seriousness and clarity of mind in such a situation. Using this tool, the teacher gives himself the authority of a leader during the lesson, because the close attention of students is very important for the introduction of the lesson. In nervous and stressful situations, students calm down when they see the teacher's smiling eyes, which have a calming effect on

their psyche. Do not confuse smiling eyes and smile. A smile on the teacher's face directly affects the positive, friendly and trusting atmosphere in the classroom. A smile favorably affects the student's interest in the subject. A frown on the contrary contributes to the manifestation of negative emotions of students. For example, anger, disapproval and disinterest.

Smile is the most common and simple tool in the body language of teachers in the process of teaching English. A smile not only helps to establish contact between the student and teacher, but also conveys a feeling that cannot be expressed in words. A smile will allow the teacher to convey a love of students.

When teaching to teenage students, it is especially important to use a smile when communicating. An interesting classroom setting is very important for young students. They are very interested in the interest in the subject and the authority of the teacher who teaches English, since most often they find the learning process boring and unmotivated to learn. A smile on the face, a teacher who exudes naturalness and sincerity, helps to develop optimism and motivation in students.

Gesture is a type of body language that is a useful tool for communication between a teacher and a student before using a conversation tool. Most often, it is due to the movement of the hands and fingers. The gesture expresses the state of mind of the teacher and helps to convey information more emotionally and accurately. Most students understand English better when using sign teachers. For example, to explain the word in English, you can point to the necessary objects with gestures or express emotional moments with the hand movement.

When learning entry-level English, it is important to use gestures. For example, when teaching pronouns, a teacher can use gestures to point at himself or another. This will allow you to better understand the topic. There are also many topics in English where gestures are simply necessary. For example, in learning new words, big or small, right or left, it is very important to use gestures and fix them together with students. Students can easily understand

the teacher without any words and the effectiveness of the training will be good.

Teachers use body language to regulate the atmosphere in the classroom, increase the effectiveness of learning, and strengthen relationships between students. However, it is important to remember the principles that must be followed when using body language.

First, use body language when appropriate. Do not abuse body language and forget about colloquial speech. Students can listen to us and understand. In English classes, you should motivate students to speak so that they practice more.

Secondly, one must always use body language naturally and without pretense. Students always look at teachers and want naturalness from them. This will allow the teacher to quickly make friends with students and be on friendly terms with them.

Thirdly, try to use clear and simple body languages so that your communications between students are effective. Otherwise, communication will be very difficult for students to understand and there may be problems in learning English.

Body language is an additional tool for communication with students during the learning process. Non-verbal communications will help in revitalizing the atmosphere in the lesson, interest students in learning English and simplify the teaching process. It is worth noting that body language explains the basic meanings of words and expressions in English, which simply cannot be expressed by translation. Non-verbal gestures help to understand the different meanings of the same words. Also, body language activates the emotions of students, reviving lessons in the classroom and enhancing the effect of learning.

Summarizing the above, in the process of learning English, all means and tools of communication are worth trying in practice. Teachers should pay particular attention to the topic of body language and try to apply them to students. Any lesson should be as simple, clear and interesting as possible. Teaching can be improved endlessly and make the classroom atmosphere more friendly. Only then can the effect of teaching be obtained.

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