



The role of folk traditions in education: preservation of cultural heritage and personal development

Zhabborova E.R.

Jizzakh Branch of the National University of Uzbekistan, Uzbekistan

Maksimova Nataliya Leonodovna

Associate professor of Chuvash State University Named After Ulyanova I.N., Russian

ABSTRACT

This article examines the role of folk traditions in education and their impact on the development of students' personality. The advantages of including folk traditions in the educational process, including the preservation of cultural heritage, the development of creative thinking and the formation of values and social skills, are discussed. The conclusion emphasizes the need to include folk traditions in educational programs to ensure the full development of students' personality and the preservation of cultural diversity.

Keywords:

Folk traditions, education, cultural heritage, personal development, preservation of value, creative thinking, social skills, cultural consciousness.

Folk traditions play a significant role in education, primarily in the areas of preserving cultural heritage and fostering personal development. Let's explore these two aspects in detail:

Preservation of Cultural Heritage: Folk traditions embody the customs, beliefs, rituals, stories, songs, and artistic expressions that have been passed down through generations within a specific community or culture. By incorporating folk traditions into education, we can preserve and celebrate cultural heritage in the following ways:

- a. **Cultural Identity:** Folk traditions provide a sense of belonging and identity to individuals. They help students connect with their roots, understand their cultural background, and appreciate the diversity of human experiences.
- b. **Historical Perspective:** Folk traditions often contain historical information and narratives about a community's past. By learning about these traditions, students gain insights into the historical context, societal values, and cultural practices of their ancestors.
- c. **Oral Tradition:** Many folk traditions rely on oral transmission, where knowledge and

wisdom are passed down through storytelling, songs, and spoken word. By incorporating these oral traditions into education, we preserve and promote the art of storytelling, language skills, and the power of memory.

d. **Artistic Expression:** Folk traditions encompass various forms of artistic expression such as music, dance, crafts, and visual arts. Integrating these traditions into education encourages creativity, artistic skills, and an appreciation for traditional art forms.

e. **Intergenerational Connection:** By learning and participating in folk traditions, younger generations establish a connection with older members of their community, fostering intergenerational bonds and knowledge exchange.

Personal Development: In addition to preserving cultural heritage, folk traditions contribute to personal development in education in the following ways:

- a. **Social and Emotional Skills:** Participation in folk traditions often involves collaboration, teamwork, and community engagement. Students learn to work together, develop social

skills, and build relationships within their cultural and social contexts.

b. Creativity and Imagination: Folk traditions encourage imagination and creative thinking. Students engage in storytelling, role-playing, and artistic expression, allowing them to explore their creativity and develop their own unique perspectives.

c. Critical Thinking and Problem-Solving: Folk traditions often contain symbolic elements and moral lessons. Analyzing these traditions can enhance critical thinking skills and promote ethical decision-making among students.

d. Values and Ethics: Folk traditions often embody cultural values, ethical codes, and moral principles. Studying and reflecting on these traditions can help students develop a strong moral compass, empathy, and a sense of ethical responsibility.

e. Intercultural Understanding: Folk traditions are not limited to a single culture but exist worldwide. By learning about different folk traditions, students develop intercultural understanding, respect for diversity, and a broader perspective of the world.

Incorporating folk traditions into education can be done through various means such as curriculum design, extracurricular activities, field trips, guest speakers, and community involvement. By recognizing the importance of folk traditions, educational institutions can help preserve cultural heritage, promote personal development, and nurture well-rounded individuals with a strong sense of identity and appreciation for diversity.

Tradition (Lat. *traditio* - transmission) - historically established stable patterns and rules of behavior, views, tastes, customs, habits of any ethnic group, consciously transmitted from generation to generation, ensuring the continuity of the ethnic group of its culture and maintaining its unity.

Traditions and customs arose together with human society. Ancient man lived in harsh natural conditions. As a result of the accumulation of empirical experience by the human community, the first rules, norms, stereotypes of behavior, as well as prohibitions (taboos) arose. These norms and rules were repeated many times and passed down from

generation to generation, formed into traditions and customs.

Traditions are an important factor in people's life. Without the preservation, enrichment and transmission of traditions, society cannot exist and develop. With a change in the social situation of the development of a particular community, traditions can be modified and supplemented with new ones. Each generation contributes to the development of traditions. Traditions define the culture of the people and form the basis of education.

Folk traditions are historically formed aggregates of educational and social experience, norms of behavior, social traditions passed down from generation to generation. Labor traditions of spiritual education taught children to systematic work, passing on all the skills, knowledge and abilities known in the peasant world, contributed to the formation of the habit of work, diligence, respect and respect for work, responsibility for the assigned task

Folk traditions represent a rich heritage of the culture and history of the people. They are passed down from generation to generation and play an important role in shaping a person's personality and values. Folk traditions occupy a special place in education, contributing to the development of cultural consciousness, respect for history and diversity, as well as contributing to the formation of a unique personality. In this article we will consider the role of folk traditions in education and their influence on the formation of students' personality.

For centuries, folk traditions have served as a means of transmitting cultural heritage from ancestors to descendants. The inclusion of folk traditions in the educational process helps to preserve and transmit the values, customs, language and history of the people. This allows students to develop a deep understanding and respect for their own culture, as well as the cultures of other peoples. Education based on folk traditions contributes to the formation of self-identification and cultural identity, which is an important part of education and personal development.

Folk traditions are often associated with craft, art, music, dance and rituals. The study and practice of these traditions in education contributes to the development of creative thinking and creativity among students. They get the opportunity to experiment, create and interpret folk heritage in a modern context. This develops their ability to innovate, express themselves and solve problems, which are important skills in modern society.

Formation of values and social skills: Education based on folk traditions helps students to realize and internally accept the values associated with collectivism, respect for elders, family values and interpersonal relationships. Through participation in community celebrations, rituals and social events, students learn to work in a team, develop empathy, learn to listen and respect the opinions of other people. These are important social skills that help them become active and responsible citizens.

Aiming at the preservation of cultural heritage, the development of creative thinking and the formation of values, folk traditions play an integral role in education. They contribute to the development of students' personality, help them understand their place in the cultural context and form the values necessary for a successful life in the modern world. Therefore, the inclusion of folk traditions in educational programs is an important step towards preserving and multiplying the cultural heritage of peoples and developing a full-fledged personality of students.

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