



Developing Professional Training of Physical Culture Teachers

Eryigiyov Dilshod Kholboyevich

Associate Professor at the Department of Mass Education in Social and Humanities Sciences of Jizzakh State Pedagogical University.

ABSTRACT

This article discusses the formation of a professional readiness for a physical culture teacher. The author highlights the importance of a comprehensive approach to the formation of professional competencies, including pedagogical, psychological, and methodological aspects. The article also emphasizes the significance of practical training and continuous professional development for physical education teachers. The author argues that the development of professional skills is essential for ensuring the quality of physical education and creating a positive learning environment for students. Overall, the article provides insights into the requirements and challenges of the profession of a physical culture teacher and offers recommendations for effective professional development.

Keywords:

physical culture teacher, professional readiness, comprehensive approach, professional competencies, pedagogical aspects, psychological aspects, methodological aspects, practical training, continuous professional development, professional skills, quality of physical education, positive learning environment, requirements, challenges, effective professional development.

Introduction: The profession of a physical culture teacher is crucial for the development of a healthy and active society. To ensure the quality of physical education, it is essential to form a comprehensive professional readiness for physical culture teachers. This article discusses the formation of such readiness, emphasizing the importance of a holistic approach that takes into account pedagogical, psychological, and methodological aspects. Additionally, the article highlights the significance of practical training and continuous professional development for physical education teachers. The challenges and requirements of the profession are also discussed, along with recommendations for effective professional development.

Literature Review: Research on the professional readiness of physical culture teachers has been conducted extensively in

recent years. Studies have highlighted the importance of a comprehensive approach to the formation of professional competencies, including the pedagogical, psychological, and methodological aspects of the profession. Practical training has also been identified as a crucial element in the development of professional skills.

Challenges faced by physical culture teachers include the lack of resources and facilities, as well as the need to adapt to changing societal demands and expectations. Moreover, there is a growing awareness of the importance of creating a positive learning environment that fosters students' engagement and motivation.

To address these challenges and promote effective professional development, recommendations include the use of modern teaching methods and technologies, the establishment of networks and communities of

practice, and the provision of continuous professional development opportunities. Furthermore, the integration of interdisciplinary approaches, such as psychology and sports medicine, is suggested to enhance the quality of physical education and improve student outcomes.

Analysis and Results: The analysis of the literature suggests that the formation of a comprehensive professional readiness for physical culture teachers is crucial for ensuring the quality of physical education and creating a positive learning environment. The integration of pedagogical, psychological, and methodological aspects in the formation of professional competencies is essential.

Furthermore, practical training and continuous professional development opportunities are identified as key elements in the development of professional skills. The challenges faced by physical culture teachers, such as the lack of resources and facilities and the need to adapt to changing societal demands and expectations, can be addressed through the use of modern teaching methods and technologies, the establishment of networks and communities of practice, and the integration of interdisciplinary approaches.

Overall, the results of the literature review suggest that effective professional development for physical culture teachers requires a holistic approach that considers the multifaceted nature of the profession and the diverse needs and challenges faced by teachers in the field.

Conclusions: In conclusion, the formation of a comprehensive professional readiness for physical culture teachers is essential for ensuring the quality of physical education and promoting a healthy and active society. The integration of pedagogical, psychological, and methodological aspects in the development of professional competencies is crucial.

Moreover, practical training and continuous professional development opportunities are essential elements in the development of professional skills. The challenges faced by physical culture teachers can be addressed through the use of modern

teaching methods and technologies, the establishment of networks and communities of practice, and the integration of interdisciplinary approaches.

Overall, effective professional development for physical culture teachers requires a holistic approach that takes into account the multifaceted nature of the profession and the diverse needs and challenges faced by teachers in the field. By implementing such an approach, physical education can become a transformative and empowering experience for students, contributing to the development of a healthy and active society.

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