



Spirituality as a Philosophical Category

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ABSTRACT

The article deals with the epistemological issues related to the philosophical meaning of the category of spirituality, its importance in social cognition. Different approaches to the problems of the formation of spiritual being, its role in the life and development of society are analyzed.

Keywords:

Society, spirituality, morality, humanity, spiritual value, spiritual life, spiritual being, social cognition.

Man is a social being, and the category of "spirituality" has a special place among the concepts that define his status. For the same reason, there has been a great deal of interest in him throughout the history of contemplation. In particular, in the views of the ancient Greek philosopher Plato, we see that this thinker was not indifferent to this concept, although there are no cases when the term is used directly. Perhaps Plato, in advancing the philosophical views that express the essence of this concept, understands it as a term that reflects the existence of intangible metaphysical truth in the human worldview. According to various sources, spirituality is chained to the chariot of high ideal meanings that are important for human life. That Plato turned an immoral man into an evil creature, that is,

Spiritual reality is also one of the objects of study of philosophy as a science. Philosophy promotes the understanding and perception that man, his existence is inextricably linked with the development of the spiritual life of society and the state, by studying the specific nature and features and aspects of this reality. Because, in fact, "although the history of mankind consists of different epochs, but in

essence it is a whole common value inherited from our ancestors. Therefore, it is very important to study it ... not on the basis of claims of nationalism or ethnic bias, but objectively studying the invaluable heritage created by our people, as an immortal product and component of human thought ... "[6; 222]. As these aspects are becoming increasingly conceptually important in the development and progress of society, attention to the development of the spiritual sphere is considered as a strategic goal and purpose.

As an epistemological concept, "spirituality" is a term that reflects the complex processes in the life of a particular society, spiritual experiences, historically limited cultural changes. The events and happenings that take place in the spiritual life of society, as well as all the changes, are reflected in the individual and social consciousness and form and develop it. That is why it is man who differs from other beings by his spirituality and morals. At the same time, although we are manifested primarily as the possessors of natural biological processes as a peculiarly high level of living beings, we directly feel that their emergence, occurrence, preservation, development takes place not only as a natural

process but also as a transformation of spiritual and moral norms. .

The term "spirituality" is actually a meaning in Arabic, a set of meanings, a concept that refers to a specific social phenomenon in the life of a person, people and society, which is always accompanied by material life. In other words, according to the popular definition of this concept, the incomparable power that purifies a person spiritually, encourages him to grow in heart, strengthens his inner world, will, and awakens his conscience is the criterion of all his views.[4; 763].

In the words of the President of the Republic Sh. Mirziyoyev, spirituality is a complex of mutual trust, respect and attention between people, noble aspirations to build the future of the people and the state, exemplary qualities. In other words, spirituality is the foundation that determines the content and quality of all political and social relations in society. [1; 267].

It is worth noting that the approaches in the available literature and sources the definitions and classifications given to the concept of spirituality are not the same. In particular, among them: spirituality is a reflection of materiality; spirituality is the rise of the creative spirit; Approaches such as spirituality - the ability to understand oneself - are unique. The commonality of these approaches is that they all emphasize the important function of spirituality - to reflect a particular area of social life.

At the same time, they emphasize that the development of society is inextricably linked with the development of spiritual life. This allows us to say that human spirituality is a manifestation of the present reality through a real and potential being focused on these absolute values. Consequently, in the epistemological sense, we can evaluate the basis of human spiritual development as a way of deep understanding of its own existence. Because in spiritual life, on the one hand, man makes himself the object of knowledge, and on the other hand, it is reflected in the decisions he makes in life processes.

Spirituality in the epistemological sense is a concept used to understand the inner

world of man, his spiritual existence, which consists of his consciousness and self. In the functional sense, however, spirituality is an expression of a way of life that reflects a uniquely valuable, vivid and necessary part of human social life. According to theologians, spirituality consists in man's striving to understand the essence of the Creator. We have tried to illustrate this in time with the example of Zoroastrianism and Islam[7;77-85; 286-319].

Spiritual being is, in fact, the highest way of organizing one's life, the manifestation of one's desires and aspirations throughout one's daily life, one's love of life and the pursuit of perfection in all its spheres. In some literatures, spiritual being is, first of all, the consciousness of society, thinking, various ideas, values, aspirations, great goals, ideals, beliefs, worldviews, scientific and artistic creation, education, morality, prayer and piety. It is emphasized that it is related to life[5; 32].

It is noteworthy that the role of morality in the formation and general existence of a spiritual being is great. Morality is a purposeful process of determining the spiritual culture of a person, the size and quality of individual freedom of self-awareness, regulates socio-moral relations in life, encourages to refrain from actions of social significance, defines spirituality. Spirituality is also expressed in the human mind in a universal and most important form, like morality. Morality is the essence of the general aspects of human nature, which is a unique form of interdependence of consciousness and behavior. Its specificity is explained by the fact that it represents a certain state of integrity of society through the subordination of the interests of the individual to the interests of society. Ultimately, the main purpose of man in this life is to serve other people, the state and society, to care for and respect others. Only when these tasks are fully fulfilled will it be possible to decide on the universal value of the spiritual being, which is rooted in the essence of humanity. As Abu Nasr al-Farabi, a famous thinker of Mazi, has said, "The goal of humanity is to achieve the highest happiness. First of all, a person must know what and what is the happiness of the future, to

make it his idea and the highest goal, to be fascinated with his whole body, to know what are the actions and means that lead to this happiness." [3; 189].

Morality is an event that has been ignored by society and the state for all time. Because morality is a product of intellectual activity that is necessary for each person to have a place in life and self-awareness. Therefore, even today, moral education remains the most important goal and task of social development. Indeed, our President Sh.M. Mirziyoyev "the width is always thought-provoking, worrying more. One of the most pressing issues is the morality, behavior, cultural level of our youth, in short, their upbringing." [1; 258], it is because of the same necessity.

Therefore, the concept of spirituality continues to play a certain epistemological significance in social cognition as a very important category for history and philosophy of society. The streams of social development show that this notion is closely related to ideological processes. Indeed, "any threat to spirituality can in itself become one of the most serious threats to the security of the country, its national interests, the future of a healthy generation, and ultimately lead to a crisis in society." [2; 12].

One of the global challenges facing society today is to study the problems associated with spiritual values. Building an enlightened society is an important factor in the spiritual and moral life of society. At the same time, the activity of members of society in the pursuit of glorious goals, noble intentions and aspirations, noble views, lofty aspirations is the basis for bringing national interests to a new level of quality. This is an important factor in the decision-making of a new spiritual being in society that embodies new views, values, ideas and interests.

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